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HOME



# ORWELL PANTHERS A C

Affiliated to UKA, SEAA, SCAA

## CODE OF CONDUCT

### CODES OF CONDUCT FOR OUR SPORT

#### Athletes should:

- treat others the same as you would wish them to treat you
- keep the same values off the field as you do when engaged in athletics
- be organised and on time
- thank those who help you participate in athletics
- tell your coach if you are receiving any other coaching
- be patient with others
- act with dignity at all times
- tell a responsible adult if you have to go somewhere (why, where and when you will return)
- not respond if someone seeks private information, unrelated to athletics e.g. home life
- use safe transport or travel arrangements
- never be destructive and always leave athletics venues as you find them
- never engage in any illegal or irresponsible behaviour
- tell your coach if someone's behaviour falls below the expected standards of 'Athletics Welfare'
- ☀ speak out immediately if anything makes you concerned or uncomfortable (telling your parents/carers and or the Club Welfare Officers) or if you suspect a club mate has suffered from misconduct by someone else

### CODES OF CONDUCT FOR OUR SPORT

## **Unacceptable Behaviour:**

### **Personal Abuse**

- **Hitting Someone**
- **Shouting at someone in a threatening way**
- **Spitting at someone**
- **Swearing at someone**
- **Inappropriately touching someone**
- **Telling lies about someone**
- **Causing anyone to be afraid**

### **Disobedience**

- **Not immediately obeying an instruction by a coach or helper or any responsible adult connected with the club or with any athletics meeting**

### **Abuse of Property**

- **Misusing athletic implements. There are strict rules of athletics about how implements are to be used**
- **Destroying or damaging someone else's property**
- **Stealing**

### **General**

- **Rudeness**
- **Lateness**
- **Untidiness**

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